

Annual Report 2014

‘NANSA believes that all people with disabilities are entitled to full inclusion in society.

We aim to empower Norfolk people with disabilities to achieve their life aspirations’.



Charity Registration No. 1027466



NANSA Annual Report 2014

The past year has been an extremely challenging time for NANSA, as a combination of the requirement to pay a large sum of money upon withdrawal from a group pension scheme (which was much higher than estimated), combined with the effects of major changes to Norfolk County Council's payments systems, created severe cash flow issues which emerged in October 2013. However, Trustees and staff have worked closely with the support of our auditors and bankers to remedy the situation; and now, through stringent economies and much hard work and commitment from our wonderful staff team, we have turned the corner and are back on track and working hard to improve NANSA's reserves.

One of the Trustees' main aims throughout the process was to ensure that our services were as unaffected as possible, and as can be seen from the following reports, we were able to continue to provide a stimulating, progressive and popular programme of services and activities despite the difficulties which NANSA was experiencing. We do appreciate the continued hard work, loyalty and support of all of our staff members, volunteers and supporters, as well as the patience and understanding of service users and their families who may have experienced changes to their programme days or structure over the past few months.

Adult Services. It has been an exciting and challenging year for Adult Services as we continue to provide stimulating sessions for our service users. Three staff members have been promoted to seniors to assist with day to day issues and the planning and implementation of the new timetables. Feedback from service users was that they really enjoyed the Summer Timetable with the most popular activities being trips out, gliding, and food-related sessions. This year we have made more safeguarding alerts which proves our service users trust that we will deal with these issues and also a raised awareness and confidence of the staff team.

Artshop project. We have increased opportunities for trainees by making more cost-effective use of space and broadening the range of activities to include merchandise printing, upcycling of donated goods and community art and craft workshops. Trainees have followed OCN accredited retail skills modules at Entry Level 3 and the unit "Handling Payments for Goods and Services" has been successfully completed by seven trainees. Craft Fairs began with the Autumn/Winter Art & Craft Fair in Nov 2013. The new sublimation printing/hot press equipment has generated orders both within NANSA and from general customers particularly in the run up to Xmas.

Youth Services. NANSA Youth Services continues to provide excellent support to young people and their families through Saturday and Holiday Short Breaks groups for young people aged 11-17. Group numbers have remained steady throughout the year, although growth in membership has continued to be restricted by the profile of the referrals we receive which are mainly young people with a high level of support need, who require a higher staffing ratio. Springboard provides a service for the age range 18-30 years including activities such as meals out, themed cookery nights and the Norwich Halloween parade. The 18+ group provides valuable support, work-related learning and leisure opportunities for young adults. The PIP project has been expanded to maximise its potential as a system through which young people can be supported to have a real say in improving current local provision, and shaping provision in the future

Early Years. Norfolk School for Parents has had an excellent year, continuing to offer high quality pre-school skills development services for pre-school children with motor learning disabilities and their parents. New Sense groups were introduced to replace the Early Years, Big Ideas programme; these groups, which offer support to children with all sensory/learning disabilities, are proving to be very popular with children and their parents and siblings, who enjoy the sessions together. NANSA is working with Norwich Home-Start to instigate a pilot project which will support disabled children of hard-to-reach families in accessing specialist and mainstream services. We also ran a one-year Sleep Group project, and are seeking funding to continue to offer sleep counselling for families.

Right from the Start. RFTS Co-ordinator Michelle Mould and her team of parents and professionals have delivered training to an ever-widening audience of health and social care practitioners over the past year, including some sessions for childminders which were very well-received. Further funding was received from Norfolk County Council Children's Services for the year ahead in order to continue to provide this vital training on informed and empathetic interaction with parents when giving the diagnosis of their child's disability and in offering ongoing support throughout the pre-school years.

Referrals & Inclusion. 95 referrals were processed by our referral panel during the last year. Between Nov 2011 and April 2013 there were a total of 33 adult referrals with 22 leading to a placement with us, giving an indication of the increase in referral numbers over the last year.

Our safeguarding plan has been refreshed and is monitored on a monthly basis. We now have a database on which we will record all safeguarding incidents. Since November five Adult Centre members have been gaining practical experience once a week working alongside the receptionist. We offered a range of work tasters over the last year and also work experience linked with our charity shops. We have two groups following an Introduction to Volunteering course which is delivered by a Community Service Volunteers' tutor.

Fundraising & Marketing. We were very pleased to receive donations from North Norfolk Beach Runners's Boxing Day Big Dip, Mundesley Ladies Golf club, Kettle Foods and many others. Boileau Lodge, Horstead and Four Seasons Lodge, Beccles both donated to NANSA in memory of our Honorary Member Harry Boreham, who sadly died this year. Grant funding included funding from Awards for All, R C Snelling Trust, Strangward Trust and Harold Dean Charities. We are very grateful for the continued support of NANSA Bowls league, Duke of Wellington Public House and Alice and Peter Blackburn (Honorary Member/Patron) along with all our members and long term supporters. Services funders included Norfolk County Council Adult Social Services, Children's Services and NHS Norwich, North Norfolk and South Norfolk CCG's.

Shops. The shops have had another busy year, with trade keeping at a steady pace. The shops are all looking good, and regular customers continue to support us with donations and purchases. We have also opened a new Train and Trade, and with the help of all the shops, stocked the new premises with some fantastic goods. We continue to strive to be the best charity shops in Norwich, and although the recession has affected the retail trade, we still have a great customer base and a loyal following of people, who never let us down. So a big thank you to all staff and volunteers for their continued hard work over the course of the year.

Members. NANSA was very sorry to lose the services of Treasurer Julian Mobbs and Trustee Myra Roberts this year, and we are currently seeking new members of the Executive Committee. We were very sad to learn of the deaths of Honorary Members Harry Boreham and Desmond Robertson, both of whom had been generous and supportive members of NANSA for many years. We were very grateful for donations of memoriam gifts given by both families. However, we were delighted to welcome two new Honorary Members; Lesley Everett, who has supported us for many years, first as Specialist Nurse Advisor at NHS Child Development Unit, and more recently as a hard-working and supportive Trustee, and Valerie Linwood, who has recently retired after twenty years as Early Years Senior Team Member and School for Parents professional.

NANSA's plans for the coming year include –

- Opening of Wrap & Roll cafe at Hammerton Court, Julian Hospital with catering skills training.
- Commencement of "Starting Together" programme (joint project with Norwich Home-Start)
- Launch of NANSA's Diamond Anniversary Appeal, to upgrade the Adult & Youth Services Centre.
- A party to celebrate School for Parents' 20th Anniversary

In conclusion, we would like to thank everyone who has contributed to a very hectic but productive year at NANSA.

Gill Doy, Chairman, NANSA Executive Committee.

Charity Details

Norfolk & Norwich Scope Association (NANSA)

Registered Office:
200 Bowthorpe Road,
Norwich
NR2 3TZ

Charity Registration No. 1027466
Company Registration No. 2854806

Website Address:
www.nansa.org.uk

Patron
Mr Peter Blackburn

Committees and Officers:

President
The Lord Mayor of Norwich

Executive Committee
Mrs Gill Doy (Chairman)
Mr Paul Steward (Vice Chairman)
Mr Ian Shann
Miss Christine Fulcher
Mrs Lesley Everett
Mr Julian Mobbs – Retired 5.12.13
Mrs Myra Roberts – Retired 6.6.14

Honorary members

Mrs Alice Blackburn
Gill Doy
Ian Shann
Mr Peter Blackburn
Mrs Daphne Dade
Mrs Sheila Fleming
Mrs Cynthia Housago
Mr Antony Jarrold
Mrs Iris Robertson
Mrs Barbara Stevenson
Mr Eric Witham
Miss Christine Fulcher

Mrs Joan Boreham
Mrs Mo Lewendon
Mr James Tubby
Mrs Myra Roberts
Ms Val Linwood
Mrs Lesley Everett
Mr Roger Hadley

Chief Executive Officer
Mrs Sheila Parish

NANSA services and activity programmes 2013/14

NANSA ADULT & YOUTH SERVICES CENTRE

Adult Services - Gateway-accredited education programmes and vocational skills training, plus personal development courses for adults with physical and learning difficulties.

Youth Services - Leisure/activity/transition groups for 11-18 year olds with physical and learning disabilities and complex additional needs. Holiday group for young people aged 15-18 years.

NANSA Springboard - Self-directed leisure group for young adults aged 18-30 with physical/learning disabilities.

PIP - Peer review programme involves young people with disabilities in reviewing Norfolk short breaks provision.

artshopproject - Training programme in design, production and retail skills, based within a retail environment.

Train & Trade – Aylsham Rd/Thorpe Ave - Gateway-accredited retail skills training within a retail setting.

Wrap 'n Roll – New Train & Trade venture offering catering skills training within a full working café environment

NANSA Children & Family Centre

Norfolk School for Parents -Pre-school sessions for children with motor learning disabilities/their parents/carers.

Sense & Touch - Pre-school sensory learning programme for children with disabilities and their parents/carers.

Sleep Counselling – Sleep counselling for children with special and additional needs and their parents/carers.

Holiday Activity Sessions - Summer holiday activity sessions for children with disabilities and their families.
Family Support - Individual support for families of children with disabilities.

Right from the Start - Training programme for professionals re: empathetic diagnosis of disability/ongoing support for the parents of children aged 0 to 5.

Information Systems

NANSA News - Free quarterly disability-related newsletter -

NANSA website – www.nansa.org.uk