

NANSA Annual Report 2011



***Pudsey drops in to the
Family Centre!***



**Preparing to jump
from the skies for
NANSA!**



**Youth service enjoy
the new clubroom with
their tree of aspiration.**

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• Adult Centre

Kate McBain-Oldham retired from her post as Adult Services Manager on health grounds, and Gerry Cobb and Mary McCambridge are now acting as Adult Services Co-ordinator and Adult Services Supervisor respectively. We have come through Norfolk County Council's Big Conversation relatively unscathed, with a one year renewal of our contract, pending the introduction of personal budgets for all adults with disabilities accessing day services. Attendance levels in Adult Services now stand at 75 clients per week.



In addition to our re-shaped Youth Services for 11-18 year olds, for which we achieved a three-year contract from Norfolk County Council Children's Services. NANSA has been invited to lead on the exciting "PIPS" pilot project, "Promoting Inclusive Provision of Short Breaks Services in Norfolk", whereby we will train and support young people to review short breaks offered by different providers across the county.

The Art Shop Project has at last got a shop at Earlham House. The shop will showcase art by NANSA members and other local artists and sell art related products and supplies. The art shop team has been gaining valuable experience running a charity bookshop in Reepham Road.

• Family Services

We supported one of our local paediatrician's students through her final dissertation. The Grundtvig Project, which was a partnership project with other European organizations to develop parent support systems, was a major success, as can be seen by our Parent's presentation at the AGM. The Right from the Start project, led by Michelle Mould, has been commissioned to run workshops for professionals on support around the diagnosis of disability. Sleep Scotland worked with NANSA to provide professional sleep counselling training to 24 new sleep counsellors, including Sam Spooner, NANSA Early Support Worker. Sleep counselling continues to be a much sought after service. An Allsorts day in October brought together past and present families from NANSA and other agencies.



• Norfolk School for Parents (SFP) & Early Years – Big Ideas

The Early Years Team is running five School for Parents groups and one Early Years Big Ideas group each week in Norwich. We have been running an outreach group in Holt Children's Centre over the past year. This means that the Early Years team has worked with up to forty families each week. We now have one staff member trained as a Portage Home Visitor, two trained as nominated key-workers, and one trained as a Sleep

Counsellor.

The Summer Activity Days were so popular last year that we have decided to run a similar programme of Fun Days this year.

• Operations, Property & Marketing

The generous legacy from the estate of Mr Harry Last has enabled NANSAs to make big improvements at both the Adult and Family Centres. The Adult Centre TOP Suite was completed and a large new Youth Services Room created. New fencing and signage has greatly improved the outside area of the centre, creating a secure and attractive garden for outdoor activities.

Legacy funding also facilitated the upgrading of the Family Centre kitchen, and plans for a large training/session room are well underway. Staff development has also been supported, with funds set aside for a range of training sessions.



• General Fundraising

We raised over £6000 in two sky-dive jumps in the last year. People can now donate to NANSAs by text message. We are very grateful for the continued support of NANSAs Bowls league and South Norfolk Scope who have continued to send generous donations. Donors such as Harold Dean Charities and the Ellerdale Trust have also continued to support us over the past year.

The NANSAs charity shops have had an excellent year with an overall trading surplus of £155,000, which was used to provide financial support for various activities which were not fully funded from other resources. We opened a new shop in Kabin Road, Costessey, which has had a very good start with takings already at over £1,000 per week. Some of the shops' interiors have been improved to smarten up their appearances.

NANSAs's plans for the coming year include –

- Introduction of Gift Aid into the charity shops.
- Expansion of Early Years Programme into Children's Centres
- Maximise use of NANSAs facilities in evenings and at weekends
- Long awaited opening of NANSAs Art Shop
- Completion of PQASSO, OFSTED and CQC registration
- Introduction of Health Improvement Project, if funding agreed.
- New Adult Centre programme based on responses to client survey

In conclusion, NANSAs extends sincere thanks to all its committee members, staff, volunteers and members, who have given such tremendous support over the last year.

Gill Doy, Chairman
NANSAs Executive Committee

‘NANSA believes that all people with disabilities are entitled to full inclusion in society. We aim to empower Norfolk people with disabilities to achieve their life aspirations’.

Charity Details

Norfolk & Norwich Scope Association (NANSA)
Registered Office: 200 Bowthorpe Road, Norwich NR2
3TZ
Charity Registration No. 1027466
Company Registration No. 2854806
Website Address: www.nansa.org.uk

Committees and Officers:

President

The Lord Mayor of Norwich

Executive Committee

Mrs Gill Doy (Chairman)
Mr Danny Burns (Vice Chairman)
Mr Julian Mobbs (Treasurer)
Mrs Myra Roberts
Mr Ian Shann
Miss Christine Fulcher
Mr Paul Steward
Mrs Lesley Everett

Honorary members

Mr & Mrs P Blackburn
Mrs D Dade
Mrs S Fleming
Mrs C Housago
Mr A Jarrold
Mr & Mrs D Robertson
Mrs B Stevenson
Mr E Witham
Miss C Fulcher
Mr H Boreham
Mr G Howes
Mrs M Lewendon
Mr M H Stannard
Mr J Tubby
Mrs M Roberts

Chief Executive Officer

Mrs Sheila Parish

Services

Norfolk and Norwich Scope Association (NANSA) is a local charity which was formed in the 1950's by the parents of Norfolk children with cerebral palsy. The Association offers information, services and support for children and adults with cerebral palsy and other disabilities.

NANSA services include:

NANSA Adult Resource Centre

Basic education and vocational skills training and personal development courses for adults with physical/learning disabilities

NANSA Youth Services

NANSA 11-14's; a club for teenagers with physical/learning disabilities.
NANSA 15-17's: a popular transition programme for young people with outreach.

NANSA Family Centre

Norfolk School for Parents: Pre-school skills development programme for children with motor learning difficulties and their parents/carers

Early Years - Big Ideas Sessions: Pre-school learning sessions for children with physical or learning difficulties and their parents/carers

Information Systems

FIND News: Free quarterly newsletter
Website: www.nansa.org.uk